

Foundation for Reproductive Health Services India (FRHS India) initiated its operations in the state of Rajasthan with one district in 2011 and has been working closely with the Government of Rajasthan since then. Our endeavour is to improve access to affordable high quality sexual and reproductive health services among socially and economically vulnerable populations in the state. We currently provide a range of family planning services in 583 public sector sites in 26 districts of the state covering a population of over 59.7 million.

In 2020, following the nationwide lockdown since 25<sup>th</sup> March, most private and NGO healthcare providers had been non-functional in the state, for most of April. Only a few clinics provided safe abortion and post-abortion family planning services in April. Additionally, restrictions on mobility had resulted in reduced access to safe abortion services in Rajasthan.

As per our 'Policy Brief on Impact of COVID-19 on Family Planing', it was estimated that 1,677,296 clients would be unable to access contraception resulting in 204,301 unintended pregnancies, 71,682 unsafe abortions and 150 maternal deaths during the pandemic. With our advocacy efforts, safe abortion was listed as an 'essential service' during the lockdown, which helped the clients in the state to access the services. In spite of all the restrictions, we served 61,495 clients in the state through 14 Clinical Outreach Teams and 3 Clinics in 2020.

## Sexual and Reproductive

## Health Indicators



**Total Fertility Rate** 

Rajasthan National

#### **Total Unmet Need for Contraceptives**

(Unmet need for spacing: 5.7% and unmet need for limiting: 6.6%)

Rajasthan National

Rajasthan National **12.3% < 12.9%** 

Modern Contraceptive
Prevalence Rate

Rajasthan National

53.5% > 47.8%

\*Source: International Institute for Population Sciences (IIPS) and ICF. 2017. National Family Health Survey (NFHS-4), 2015-16: India. Mumbai: IIPS.

# Our Service Delivery Channels

### Clinical Outreach Team (COT)



A fully staffed and equipped team providing a full range (spacing, long-acting reversible and permanent methods) of family planning choices to clients in public sector sites.

### Public Sector Support (PSS)



Improving choices and quality of family planning services for clients in identified public sector sites in Rajasthan.

### Family Health Centres/Clinics



A one-stop facility offering an entire range of high quality family planning and reproductive health services in Ajmer, Jaipur and Banswara, for free, along with safe abortion services that are affordable.

## Our Clients and Their Experiences



of our clients are satisfied with our services



clients believe
FRHS India exceeded
their expectations



of clients never used family planning



of clients did not have any other provider available for their method



of our clients are living under extreme poverty



#### **OUR IMPACT IN 2020**



747,614 Couple Years of Protection (CYPs) generated



31,881 Unintended Pregnancies averted



11,493
Unsafe Abortions averted



24
Maternal Deaths averted

## AWARDS AND RECOGNITION



District Awards for
Advancing Family Planning
received in Ajmer, Banswara,
Bhilwara, Dholpur, Jaipur
& Sikar districts
in Rajasthan

## **Turning the Tide**

Client-centeredness is one of our core values, and it is non-negotiable when it comes to service delivery. We have often seen women come with their daughter-in-laws (DIL) to avail family planning services. But in Ajmer, during 'Unlock 1', we witnessed a comforting change, when Lakshmi (name changed), a 28-year-old DIL got her 41-year-old mother-in-law (MIL), Saroj (name changed) to FRHS India's Fixed Day Service (FDS) to avail sterilisation services.

Lakshmi had earlier availed tubal ligation in FRHS India's Ajmer clinic and was very satisfied with the services and quality of care. The change in tide left the service delivery team with much cheer.

"Women at various reproductive ages need family planning, and when bahus manage to empower the older women in the families to take autonomous decisions on their reproductive choices, then things improve for the entire family", shared Saroj.

In the same FDS, we met Sarita (name changed) who got her DIL, Lata (name changed) to avail FRHS India's services. "I want the best and safest for her, and no other place like FRHS India. The teams here are very engaging, the counselling is very detailed, and the care is clearly visible", expressed Sarita.